

Curriculum Vitae



Personal History

Name: Aida Malek Mahdavi

Academic Rank: Assistant Professor

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Academic ID's

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Educational History

Ph.D.: Nutrition sciences; Tabriz University of medical sciences, Tabriz, Iran. (2011-2016)

M.Sc.: Nutrition sciences; Tabriz University of medical sciences, Tabriz, Iran. (2006-2009)

B.Sc.: Nutrition sciences; Tabriz University of medical sciences, Tabriz, Iran. (2002-2006)

Professional Memberships

- Iranian Medical Council
- Iranian Nutrition Society

Honors and Awards

- Top 30% of university active researchers, 2020.
- Top 20% of university active researchers, 2019.
- Top Nutritionist at the “Registered Dietitian Nutritionist Day”, 2019.

Teaching Experience

- Research methodology
- Academic writing
- Basic Nutrition
- Nutrition Physiology
- Principles of Food Preservation

Publications

1. Kamal Esalatmanesh, Amirhossein Loghman, Roozbeh Esalatmanesh, Zahra Soleimani, Alireza Khabbazi, **Aida Malek Mahdavi**, Seyed Gholam Abbas Mousavi. Effects of melatonin supplementation on disease activity, oxidative stress, inflammatory, and metabolic parameters in patients with rheumatoid arthritis: a randomized double-blind placebo-controlled trial. *Clinical Rheumatology*. 2021 [Accepted].
2. **Aida Malek Mahdavi**, Alireza Khabbazi, Mehrzad Hajjalilo. Long-term outcome and predictors of remission in Behcet's disease in daily practice. *Modern Rheumatology*. 2021 [In press].
3. **Aida Malek Mahdavi**, Neda Seyedsadjadi, Zeinab Javadijvala. Potential effects of Pomegranate (*Punica granatum*) on Rheumatoid arthritis: A systematic review. *International Journal of Clinical Practice*. 2021 [In press].
4. Maryam Khoubnasabjafari, Abolghasem Jouyban, **Aida Malek Mahdavi**, Leila Namvar, Kamal Esalatmanesh, Mehrzad Hajjalilo, Saeed Dastgiri, Mohsen Soroush, Saeid Safiri, Alireza Khabbazi. Prevalence of COVID-19 in rheumatoid arthritis (RA) patients already treated with hydroxychloroquine (HCQ) compared with HCQ-naive RA patients: a multicenter cross-sectional study. *Postgraduate Medical Journal*. 2021 [In press].
5. **Aida Malek Mahdavi**, Nadereh Rashtchizadeh, Mahsanam Khaknejad, Ebrahim Sakhinia, Alireza Khabbazi, Sousan Kolahi. Clinical Significance of Anti-Modified Citrullinated Vimentin Antibodies in Palindromic Rheumatism. *Laboratory Medicine*. 2020 [In press].
6. Mozhdeh Nikfar, **Aida Malek Mahdavi**, Alireza Khabbazi, Mehrzad Hajjalilo. Long-term remission in patients with systemic lupus erythematosus. *International Journal of Clinical Practice*. 2020 [In press].
7. Alireza Khabbazi, Hadiseh Kavandi, Roghayeh Paribanaem, Raha Khabbazi, **Aida Malek Mahdavi**. Adherence to medication in patients with rheumatic diseases during COVID-19 pandemic. *Annals of the Rheumatic Diseases*. 2020 [In press].
8. Khalil Ansarin, Ali Taghizadieh, Saeid Safiri, **Aida Malek Mahdavi**, Shirin Ranjbar, Soheil Teymouri, Masoud Ahangari Maleki, Alireza Khabbazi. COVID-19 outcomes in patients with systemic autoimmune diseases treated with immunomodulatory drugs. *Annals of the Rheumatic Diseases*. 2020 [In press].

9. Sanaz Ebrahimian, Nadereh Rashtchizadeh, Amir Ghorbanihaghjo, **Aida Malek Mahdavi**, Mehrzad Hajjalilo, Alireza Khabbazi. Association between serum levels of survivin and systemic lupus erythematosus. *International Journal of Clinical Practice*. 2020 [In press].
10. Alireza Khabbazi, Vahideh Ebrahimpzadeh Attari, Mohammad Asghari Jafarabadi, **Aida Malek Mahdavi**. Quality of life in patients with Behçet disease and its relation with clinical symptoms and disease activity. *Reumatologia Clinica*. 2021; 17(1):1–6.
11. Alireza Khabbazi, Mohammad Mirza-Aghazadeh-Attari, Mohammad Tagi Goli, Mehrzad Hajjalilo, **Aida Malek Mahdavi**, Nadereh Rashtchizadeh. Is palindromic rheumatism a pre-rheumatoid arthritis condition? Low incidence of rheumatoid arthritis in palindromic rheumatism patients treated with tight control strategy. *Reumatologia Clinica*. 2021; 17(1):7–11.
12. Sousan Kolahi, Nadereh Rashtchizadeh, **Aida Malek Mahdavi**, Jafar Farhadi, Alireza Khabbazi, Ebrahim Sakhinia, Neda Bahavarnia, Mohammad Jahed Farajzadeh Polsangi, Zohreh Babaloo, Mehrdad. A Estiar. Evaluation of DNA methylation status of Toll-like receptors 2 and 4 promoters in Behcet’s disease. *Journal of Gene Medicine*. 2020; 22(10):1-7.
13. **Aida Malek Mahdavi**. A brief review of interplay between Vitamin D and Angiotensin-converting enzyme 2: implications for a potential treatment for COVID-19. *Reviews in Medical Virology*. 2020; 30(5):1-6.
14. Amirhossein Peirovy, **Aida Malek Mahdavi**, Alireza Khabbazi, Mehrzad Hajjalilo, Ebrahim Sakhinia, Nadereh Rashtchizadeh. Clinical Usefulness of Hematologic Indices as Predictive Parameters for Systemic Lupus Erythematosus. *Laboratory Medicine*. 2020; 51(5):519-528.
15. **Aida Malek Mahdavi**, Nadereh Rashtchizadeh, Hadiseh Kavandi, Mehrzad Hajjalilo, Sousan Kolahi, Mohammad-reza Nakhjavani, Ali-asghar Ebrahimi, Seyedmostafa Seyedmardani, Mansour Salesi, Mohsen Soroush, Alireza Khabbazi. Clinical characteristics and long-term outcome of Takayasu Arteritis in Iran: A Multicenter Study. *Turkish Journal of Medical Sciences*. 2020; 50(4):713-723.
16. Masoud Nouri-Vaskeh, **Aida Malek Mahdavi**, Hossein Afshan, Leila Alizadeh, Mohammad Zarei. Effect of curcumin supplementation on disease severity in patients with liver cirrhosis: A randomized controlled trial. *Phytotherapy Research*. 2020; 34:1446-1454.
17. Alireza Khabbazi, Zeinab Javadijala, Neda Seyedsadjadi, **Aida Malek Mahdavi**. A systematic review of the potential effects of Nigella sativa on rheumatoid arthritis. *Planta Medica*. 2020; 86(07): 457-469.
18. Masoud Nouri-Vaskeh, Hossein Afshan, **Aida Malek Mahdavi**, Leila Alizadeh, Xiude Fan, Mohammad Zarei. Curcumin ameliorates health-related quality of life in patients with liver cirrhosis: A randomized, double-blind placebo-controlled trial. *Complementary Therapies in Medicine*. 2020; 49:1-7.
19. Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Saeede Maddahi, Alireza Khabbazi, **Aida Malek Mahdavi**, Nadereh Rashtchizadeh. Association between serum Toll-like receptor 4 and 8-hydroxy-20-deoxyguanosine levels with disease activity in rheumatoid arthritis patients. *The Egyptian Rheumatologist*. 2020; 42(2):95-99.
20. Shahla Danaii, Sadaf Shiri, Sanam Dolati, Majid Ahmadi, Leila Ghahremani-Nasab, Atefeh Amiri, Amin Kamrani, Hossein Samadi Kafil, Forough Chakari-Khiavi, Mohammad Hojjat-Farsangi, **Aida Malek Mahdavi**, Amir Mehdizadeh, Mehdi Yousefi. The Association between Inflammatory

Cytokines and miRNAs with Slow Coronary Flow Phenomenon. *Iranian Journal of Allergy Asthma and Immunology*. 2020; 19(1):56-64.

21. Shahrzad Amizadeh, Nadereh Rashtchizadeh, Alireza Khabbazi, Amir Ghorbanihaghjo, Ali-Asghar Ebrahimi, Amir-Mansour Vatankhah, **Aida Malek Mahdavi**, Mohsen Taghizadeh. Effect of Nigella sativa oil extracts on inflammatory and oxidative stress markers in Behcet's disease: A randomized, double-blind, placebo-controlled clinical trial. *Avicenna Journal of Phytomedicine*. 2020; 10(2):181-189.
22. Seyed Mostafa Nachvak, Beitollah Alipour, **Aida Malek Mahdavi**, Mir Amir Aghdashi, Hadi Abdollahzad, Yahya Pashar, Mehnoosh Samadi, Roghayeh Mostafai. Effects of coenzyme Q10 supplementation on matrix metalloproteinases and DAS-28 in patients with rheumatoid arthritis: a randomized, double-blind, placebo-controlled clinical trial. *Clinical Rheumatology*. 2019; 38(12):3367–3374.
23. Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Forough Ghassemi, Alireza Khabbazi, **Aida Malek Mahdavi**. Effect of low-dose aspirin on platelet aggregation inhibition in patients with rheumatoid arthritis. *Journal of Analytical Research in Clinical Medicine*. 2019; 7(4):110-117.
24. Mohammad Reza Jafari Nakhjavani, Mahdi Jafarpour, Amir Ghorbanihaghjo, Sima Abedi Azar, **Aida Malek Mahdavi**. Relationship between serum soluble receptor for advanced glycation end products (sRAGE) and disease activity in rheumatoid arthritis patients. *Modern Rheumatology*. 2019; 29(6): 943-948.
25. Mohammad Reza Jafari Nakhjavani, Amir Ghorbanihaghjo, Elyar Pourghassem, Sima Abedi Azar, Tala pourlak, **Aida Malek Mahdavi**. Serum pentraxin 3 levels in rheumatoid arthritis patients and its association with disease activity. *The Egyptian Rheumatologist*. 2019; 41: 251–254.
26. Alireza Khabbazi, Babak Alinejati, Mehrzad Hajjalilo, Morteza Ghojzadeh, **Aida Malek Mahdavi**. Cigarette smoking and risk of primary systemic vasculitis: a propensity score matching analysis. *Sarcoidosis Vasculitis and Diffuse Lung Disease*. 2019; 36 (3): 243-250.
27. **Aida Malek Mahdavi**, Alireza Khabbazi, Barmak Yaaghoobian, Morteza Ghojzadeh, Ramin Agamohammadi, Atefeh Kheyrollahiyan, Nadereh Rashtchizadeh. Cigarette smoking and risk of Behcet's disease: A propensity score matching analysis. *Modern Rheumatology*. 2019; 29(4):633-639.
28. Sousan Kolahi, Alireza Khabbazi, Nastaran Kazemi, **Aida Malek Mahdavi**. Does vitamin D deficiency contribute to higher disease activity in patients with spondyloarthritis?. *Immunology Letters*. 2019; 212:1-5.
29. Aliasghar Ebrahimi, Babak Soofizadeh, Faegheh Ebrahimi, Seyed Yagoob Moaadab, Mohammadreza Bonyadi Morteza Gojazadeh, **Aida Malek Mahdavi**. Relationship between Helicobacter pylori cytotoxin-associated gene A protein with clinical outcomes in patients with rheumatoid arthritis. *Immunology Letters*. 2019; 211:49-52.
30. Mohammad Reza Jafari Nakhjavani, Amir Ghorbanihaghjo, Ozra Dabagh Asadollahipour, Sima Abedi Azar, Tala Pourlak, **Aida Malek Mahdavi**. Correlation Between Serum Cartilage Oligomeric Matrix Protein (COMP), 25-Hydroxy Vitamin D, and Disease Activity in Patients with Knee Osteoarthritis. *Iranian Red Crescent Medical Journal*. 2019; 21(5):1-7.
31. Masoud Nouri-Vaskeh, **Aida Malek Mahdavi**, Alireza Khabbazi, Golamreza Jadideslam. Lack of

association between serum IL-9 levels and Behçet's disease. *Immunology Letters*. 2019; 211: 23-27.

32. Mohammad Reza Jafari Nakhjavani, Amir Ghorbanihaghjo, Babak Bagherzadeh Nobari, **Aida Malek Mahdavi**, Nadereh Rashtchizadeh. Association between serum YKL-40 levels and disease characteristics in patients with rheumatoid arthritis. *Caspian Journal of Internal Medicine*. 2019; 10(1):92-97.
33. Mohsen Soroush, Alireza Khabbazi, **Aida Malek Mahdavi**. Serum osteocalcin levels in postmenopausal osteoporotic women receiving alendronate. *Rheumatology Research Journal*. 2018; 3(2):83-89.
34. Sousan Kolahi, Mohammad-Jahed Farajzadeh, Shahriar Alipour, Alireza Abhari, Jafar Farhadi, Neda Bahavarnia, **Aida Malek Mahdavi**, Alireza Khabbazi, Ebrahim Sakhinia. Determination of mir-155 and mir-146a expression rates and its association with expression level of TNF- α and CTLA4 genes in patients with Behçet's disease. *Immunology Letters*. 2018; 204:55-59.
35. Mehrzad Hajjalilo, Peyman Tayari, Amir Ghorbanihaghjo, Alireza Khabbazi, **Aida Malek Mahdavi**, Nadereh Rashtchizadeh. Relationship between serum vascular cell adhesion molecule-1 and endothelin-1 levels with organ involvement and disease activity in systemic lupus erythematosus patients. *LUPUS*. 2018; 27(12):1918-1925.
36. Leyla Gadakchi, Alireza Khabbazi, **Aida Malek Mahdavi**, Mehrzad Hajjalilo, Morteza Gojazadeh, Mohamad-Reza Nakhjavani, Sima Abedi Azar, Sousan Kolahi, Ali-asghar Ebrahimi, Nadereh Rashtchizadeh, Hamid Noshad. Comparison of efficacy and safety of mycophenolate mofetil and intravenous pulse cyclophosphamide as induction therapy in proliferative lupus nephritis. *Iranian Journal of Kidney Disease*. 2018; 12(5):288-292.
37. Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Alireza Khabbazi, Sousan Kolahi, Mohammad Reza Jafari Nakhjavani, Ali Asghar Ebrahimi, Hamid Zareh, **Aida Malek Mahdavi**. Long-term follow-up of 76 Iranian patients with idiopathic inflammatory myopathies (IIMs). *International Journal of Rheumatic diseases*. 2018; 21(8):1627-1633.
38. Vahideh Ebrahimzadeh Attari, **Aida Malek Mahdavi**, Zeinab Javadivala, Sepideh Mahluji, Sepideh Zununi Vahed, Alireza Ostadrahimi. A systematic review of the anti-obesity and weight lowering effect of ginger (*Zingiber officinale* Roscoe) and its mechanisms of action. *Phytotherapy Research*. 2018; 32(4):577-585.
39. Marjan Sheikholeslami, Mehrzad Hajjalilo, Seyed Sadreddin Rasi Hashemi, **Aida Malek Mahdavi**, Morteza Gojazadeh, Alireza Khabbazi. Low dose cyclosporine A in the treatment of resistant proliferative lupus nephritis. *Modern Rheumatology*. 2018; 28(3):523-529.
40. **Aida Malek Mahdavi**, Reza Mahdavi, Sousan Kolahi, Vahideh Ebrahimzadeh Attari. Cardiometabolic responses to L-carnitine in obese women with knee osteoarthritis: a randomized, double-blind, placebo-controlled pilot study. *Progress in Nutrition*. 2018; 20(Supplement 1):337-344.
41. Vahideh Ebrahimzadeh Attari, Mohammad Reza Ardalan, **Aida Malek Mahdavi**, Abolfazl Gorbani. A review of the health hazards of artificial sweeteners: are they safe?. *Progress in Nutrition*. 2018; 20(Supplement 2):36-43.
42. Mehrzad Hajjalilo, Parisa Noorabadi, Sepideh Tahsini Tekantapeh, **Aida Malek Mahdavi**. Endothelin-1, α -Klotho, 25(OH) Vit D levels and severity of disease in scleroderma patients.

Rheumatology International. 2017; 37(10):1651-1657.

43. Mohammad Reza Ardalan, Hadi Tabibi, Vahideh Ebrahimzadeh Attari, **Aida Malek Mahdavi**. Nephrotoxic Effect of Aspartame as an Artificial Sweetener A Brief Review. *Iranian Journal of Kidney Disease*. 2017; 11(5):339-343.
44. Reza Mahdavi, Sousan Kolahi, Vahideh Ebrahimzadeh Attari, **Aida Malek Mahdavi**. L-carnitine supplementation ameliorates serum Tumor Necrosis Factor-alpha and matrix metalloproteinases-3 in women with knee osteoarthritis: A Randomized, Double-blind, Placebo-Controlled Trial. *Bangladesh Journal of Pharmacology*. 2017; 12(1):28-34.
45. Sousan Kolahi, Alireza Khabbazi, **Aida Malek Mahdavi**, Amid Ghasembaglou, Arezoo Ghasembaglou, Nayyereh Aminisani, Mohammad Hossein Somi, Fariba Heidari. Prevalence of musculoskeletal disorders in Azar cohort population in Northwest of Iran. *Rheumatology International*. 2017; 37(4):495–502.
46. Parvin Dehghan, Samira Pourmoradian, **Aida Malek Mahdavi**, Bahareh Sarmadi, Sajjad Mehralizadeh. Relationship between perceived stress and dietary intakes in type 2 diabetic patients. *Current Topics in Nutraceutical Research*. 2016; 14(3):199-206.
47. Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Leyla Valaee, Sousan Kolahi, Naderh Rashtchizadeh, Maryam Bannazadeh Amirkhiz, **Aida Malek Mahdavi**, Alireza khabbazi. A double-blind randomized comparative study of triamcinolone hexacetonide and dexamethasone intra-articular injection for the treatment of knee joint arthritis in rheumatoid arthritis. *Clinical Rheumatology*. 2016; 35(12):2887-2891.
48. **Aida Malek Mahdavi**, Reza Mahdavi, Sousan Kolahi. Effects of L-Carnitine Supplementation on Serum Inflammatory Factors and Matrix Metalloproteinase Enzymes in Females with Knee Osteoarthritis: A Randomized, Double-blind, Placebo-controlled Pilot Study. *Journal of the American College of Nutrition*. 2016; 35(7):597–603.
49. Mahdieh Khadem Haghighian, Beitollah Alipoor, **Aida Malek Mahdavi**, Bina Eftekhari Sadat, Mohammad Asghari Jafarabadi, Abdolvahab Moghaddam. Effects of Sesame Seed Supplementation on Inflammatory Factors and Oxidative Stress Biomarkers in Patients with Knee Osteoarthritis. *Acta Medica Iranica*. 2015; 53(4):207-213.
50. Sousan Kolahi, **Aida Malek Mahdavi**, Reza Mahdavi, Sima Lak. Effect of l-carnitine supplementation on clinical symptoms in women with osteoarthritis of the knee: A randomized, double-blind, placebo-controlled trial. *European Journal of Integrative Medicine*. 2015; 7(5):540-546.
51. **Aida Malek Mahdavi**, Reza Mahdavi, Sousan Kolahi, Maryam Zemestani, Amir-Mansour Vatankhah. L-Carnitine supplementation improved clinical status without changing oxidative stress and lipid profile in women with knee osteoarthritis. *Nutrition Research*. 2015; 35(8):707-715.
52. **Aida Malek Mahdavi**, Reza Mahdavi, Mohammad Lotfipour, Mohammad Asghari Jafarabadi, Elnaz Faramarzi. Evaluation of the Iranian Mini Nutritional Assessment Short-Form in Community-dwelling Elderly. *Health Promotion Perspectives*. 2015; 5(2):98-103.
53. Mahdieh Khadem Haghighian, Beitollah Alipoor, Bina Eftekhari Sadat, **Aida Malek Mahdavi**, Abdolvahab Moghaddam, Amir-Mansour Vatankhah. Effects of Sesame Seed Supplementation on Lipid Profile and Oxidative Stress Biomarkers in Patients with Knee Osteoarthritis. *Health Promotion Perspectives*. 2014; 4(1):90-97.

54. Bina Eftekhari Sadat, Mahdieh Khadem Haghghian, Beitollah Alipoor, **Aida Malek Mahdavi**, Mohammad Asghari Jafarabadi, Abdolvahab Moghaddam. Effects of sesame seed supplementation on clinical signs and symptoms in patients with knee osteoarthritis. *International Journal of Rheumatic diseases*. 2013; 16(5):578–582.
55. Fatemeh Pourteymour Fard Tabrizi, Beitollah Alipoor, Mahzad Mehrzad Sadaghiani, Alireza Ostadrahimi, **Aida Malek Mahdavi**. Metabolic Syndrome and Its Characteristics among Reproductive-Aged Women with Polycystic Ovary Syndrome: A Cross-sectional Study in Northwest Iran. *International Journal of Fertility and Sterility*. 2013; 6(4):244-249.
56. **Aida Malek Mahdavi**, Paria Abdolahi, Reza Mahdavi. Knowledge, attitude and practice between medical and non-medical sciences students about food labeling. *Health Promotion Perspectives*. 2012; 2(2):173-179.
57. **Aida Malek Mahdavi**, Alireza Ostadrahimi, Abdolrasool Safaiyan. Nutritional status of children hospitalized in Tabriz Paediatric Hospital, Islamic Republic of Iran, 2008. *Eastern Mediterranean Health Journal*. 2011; 17(1):36-40.
58. **Aida Malek Mahdavi**, Alireza Ostadrahimi, Abdolrasool Safaiyan. Clarification regarding appendix table I in Mahdavi et al. (Letter to the Editor). *Maternal and Child Nutrition*. 2011; 7(2):216.
59. **Aida Malek Mahdavi**, Alireza Ostadrahimi, Abdolrasool Safaiyan. Subjective global assessment of nutritional status in children. *Maternal and Child Nutrition*. 2010; 6(4):374-381.
60. **Aida Malek Mahdavi**, Abdolrasool Safaiyan, Alireza Ostadrahimi. Subjective vs objective nutritional assessment study in children: a cross sectional study in the northwest of Iran. *Nutrition Research*. 2009; 29(4):269-274.
61. **Aida Malek Mahdavi**. Metabolic syndrome in children. *Today's Physician Weekly* 2009; 3(75):8. [In Persian].
62. **Aida Malek Mahdavi**. Role of nutrition in non-alcoholic fatty liver disease. *Today's Physician Weekly*. 2009; 3(96):4. [In Persian].

Conference Papers

1. Alireza Khabbazi, **Aida Malek Mahdavi**. Long- term remission in systemic lupus erythematosus. 22nd Asia-Pacific League of Associations for Rheumatology Virtual Congress. Singapore, Singapore. October 24-29, 2020.
2. Alireza Khabbazi, **Aida Malek Mahdavi**. Long- term outcome and predictors of remission in Behçet's disease. 22nd Asia-Pacific League of Associations for Rheumatology Virtual Congress. Singapore, Singapore. October 24-29, 2020
3. Alireza Khabbazi, **Aida Malek Mahdavi**, Masoud Nouri-Vaskeh, Sepehr Sadeghifard. The Prevalence of Aphthous Stomatitis and Behçet's Disease in Health Care Providers of Tabriz University of Medical Sciences. 13th Annual Congress of Iranian Rheumatology Association. Tehran, Iran. October 16-18, 2019.
4. Hadise Kavandi, **Aida Malek Mahdavi**, Alireza Khabbazi. Cigarette Smoking and Risk of Primary Systemic Vasculitis: A Propensity Score Matching Analysis. 12th Annual Congress of Iranian Rheumatology Association. Tehran, Iran. November 28-30, 2018.

5. **Aida Malek Mahdavi**. Correlation between nutrients intake and inflammatory parameters in women with knee osteoarthritis. 15th Iranian Nutrition Congress. Tehran, Iran. November 19-21, 2018.
6. **Aida Malek Mahdavi**. Effect of l-carnitine supplementation on appetite sensations in women with knee osteoarthritis: a randomized, double-blind, placebo-controlled trial. 15th Iranian Nutrition Congress. Tehran, Iran. November 19-21, 2018.
7. Alireza Khabbazi, **Aida Malek Mahdavi**. Cigarette smoking and risk of behcet's disease: a case-control study. Annual European Congress of Rheumatology. Amsterdam, Netherlands. June 13-16, 2018.
8. Alireza Khabbazi, **Aida Malek Mahdavi**, Barmak Yaaghoobian. Is smoking a risk factor for Behcet's Disease?. 11th Annual Congress of Iranian Rheumatology Association. Tehran, Iran. October 25-27, 2017.
9. **Aida Malek Mahdavi**, Reza Mahdavi, Sousan Kolahi. Correlation between dietary intake of micronutrients and clinical symptoms in women with knee osteoarthritis. 1st Iranian Clinical Nutrition Congress. Mashhad, Iran. September 6-8, 2017.
10. Marjan Sheikholeslami, Alireza Khabbazi, Mehrzad Hajjalilo, Seyed Sadreddin Rasi Hashemi, **Aida Malek Mahdavi**. Cyclosporine A in the Treatment of Refractory Proliferative Lupus Nephritis. 10th Annual Congress and 2nd International Congress of Iranian Rheumatology Association. Tehran, Iran. October 19-21, 2016.
11. **Aida Malek Mahdavi**, Sousan Kolahi, Reza Mahdavi. Effects of l-carnitine supplementation on serum collagenases in females with knee osteoarthritis: a randomized, double-blind, placebo-controlled trial. 14th Iranian Nutrition Congress. Tehran, Iran. September 4-7, 2016.
12. **Aida Malek Mahdavi**, Sousan Kolahi, Reza Mahdavi. Effect of l-carnitine supplementation on clinical status in obese women with knee osteoarthritis: a randomized, double-blind, placebo-controlled trial. 14th Iranian Nutrition Congress. Tehran, Iran. September 4-7, 2016.
13. Jamal Gaemmagami, Farzaneh Afsharnia, **Aida Malek Mahdavi**, Reza Mahdavi, Elham Heidari, Nafiseh Mohammadrahimiha, Monireh Mirzaei. Body mass index status in elderly population living in villages around Tabriz city. National Conference on Elderly Health. Kermanshah, Iran. February 19-21, 2013.
14. Farzaneh Afsharnia, Jamal Gaemmagami, **Aida Malek Mahdavi**, Reza Mahdavi, Elham Heidari, Nafiseh Mohammadrahimiha, Monireh Mirzaei. Dental health status in elderly population living in villages around Tabriz city. National Conference on Elderly Health. Kermanshah, Iran. February 19-21, 2013.
15. Akbar Taghizade, Nazila farrin, Alireza Ostadrahimi, Majid Mobasseri, Zahra bayramalipour, Laleh Payahoo, **Aida Malek Mahdavi**. Effect of probiotic dough (kefir) on total cholesterol and LDL-cholesterol in patients with type 2 diabetes mellitus. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
16. Mahdieh Khadem Haghighian, Beitollah Alipoor, Bina Eftekhari Sadat, **Aida Malek Mahdavi**, Mohammad Asghari Jafarabadi, Abdolvahab Moghaddam. Effects of sesame seed supplementation on weight reduction in patients with knee osteoarthritis. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
17. Jamal Gaemmagami, Farzaneh Afsharnia, **Aida Malek Mahdavi**, Reza Mahdavi, Hojjat Naseri. Prevalence of malnutrition in children under 18 months in Tasooj and associated health care centers.

- 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
18. Ozra Merrikhi, Jamal Gaemmagami, **Aida Malek Mahdavi**, Farzaneh Afsharnia, Reza Mahdavi. Prevalence of obesity in children under 18 months in Shabestar health care network. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
 19. **Aida Malek Mahdavi**, Paria Abdollahi, Reza Mahdavi. Using food label information on daily shopping by female students from different academic majors. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
 20. **Aida Malek Mahdavi**, Alireza Ostadrahimi, Reza Mahdavi, Abdolrasool Safaiyan. Serum albumin and transferrin and some related factors in 2-12 year-old children hospitalized in Tabriz Pediatric Hospital. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
 21. **Aida Malek Mahdavi**, Abdolrasool Safaiyan, Alireza Ostadrahimi, Reza Mahdavi. Prevalence of underweight, stunting and wasting and related demographic factors in 2-12 year-old children hospitalized in Tabriz Pediatric Hospital. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
 22. **Aida Malek Mahdavi**, Paria Abdollahi, Reza Mahdavi. Implementing of Nutrition Facts label information in female students' dietary pattern. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
 23. **Aida Malek Mahdavi**, Fatemeh Zarei, Reza Mahdavi, Jamal Gaemmagami. The effects of different food groups on low back pain: Beliefs of adults. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
 24. Alireza Ostadrahimi, **Aida Malek Mahdavi**, Abdolrasool Safaiyan, Reza Mahdavi. Relationship between nutritional status based on subjective global assessment and duration of hospitalization in 2-12 year-old children referred to the Tabriz Pediatric Hospital. 12th Iranian Nutrition Congress. Isfahan, Iran. November 5-8, 2012.
 25. **Aida Malek Mahdavi**. Vitamin D and breast cancer: a review article. 1st Scientific Students' Seminar of Nutrition and Cancer. Tabriz, Iran. March 6, 2012.
 26. Nazila farrin, Akbar Taghizade, Alireza Ostadrahimi, Majid Mobasseri, **Aida Malek Mahdavi**. Effect of probiotic dough (kefir) on Hb A1C level in people with type 2 diabetes mellitus. 9th International Congress of Endocrine Disorders. Tehran, Iran. November 15-18, 2011.
 27. **Aida Malek Mahdavi**. Importance of physical activity in prevention and treatment of childhood obesity. 3rd Iranian Congress of Obesity Prevention and Treatment. Tehran, Iran. November 16-18, 2011.
 28. **Aida Malek Mahdavi**, Reza Mahdavi. Weight-loss plateau: a challenge for nutritionists. 3rd Iranian Congress of Obesity Prevention and Treatment. Tehran, Iran. November 16-18, 2011.
 29. **Aida Malek Mahdavi**, Zeinab Faghfoori. Risk factors for abdominal obesity in low-income women in Tabriz, Iran. 10th Iranian Nutrition Congress. Tehran, Iran. October 27-30, 2008.
 30. **Aida Malek Mahdavi**, Zeinab Faghfoori, Parvin Poorabdollahi. Relationship between nutritional behaviors and obesity in women residing in Shahid Montazeri (Maralan) area of Tabriz city. 10th Iranian Nutrition Congress. Tehran, Iran. October 27-30, 2008.

31. Zeinab Faghfoori, **Aida Malek Mahdavi**. Prevalence of obesity in women living in Shahid Montazeri area of Tabriz city and its relationship with breakfast and dietary fiber intake. 10th Iranian Nutrition Congress. Tehran, Iran. October 27-30, 2008.
32. **Aida Malek Mahdavi**, Zeinab Faghfoori. Prevalence of obesity based on body mass index and waist circumference in women living in District 3 of Tabriz city. 10th Iranian Nutrition Congress. Tehran, Iran. October 27-30, 2008.
33. Zeinab Faghfoori, **Aida Malek Mahdavi**, Parvin Poorabdollahi. Lifestyle of women referred to Tabriz Banovan Clinic. 10th Iranian Nutrition Congress. Tehran, Iran. October 27-30, 2008.
34. **Aida Malek Mahdavi**, Zeinab Faghfoori. Physical activity status in women referred to Tabriz Banovan Clinic. 10th Iranian Nutrition Congress. Tehran, Iran. October 27-30, 2008.
35. **Aida Malek Mahdavi**, Zeinab Faghfoori, Jamal Gaemmagami. Prevalence of obesity and its associated lifestyle in women in Tabriz. 1st Scientific Students' Conference of Ardebil University of Medical Sciences. Ardebil, Iran. August 29-31, 2008.
36. Zeinab Faghfoori, **Aida Malek Mahdavi**, Jamal Gaemmagami. Assessment of anthropometric status in 20-50 year-old women referred to Tabriz Banovan Clinic. 1st Scientific Students' Conference of Ardebil University of Medical Sciences. Ardebil, Iran. August 29-31, 2008.
37. **Aida Malek Mahdavi**, Alireza Ostadrahimi. Review on effective nutritional factors on resistin. 1st Iranian Metabolic Syndrome Congress. Tabriz, Iran. June 12-13, 2008.
38. **Aida Malek Mahdavi**, Alireza Ostadrahimi. Effects and mechanisms of dietary fiber in prevention and treatment of metabolic syndrome. 1st Iranian Metabolic Syndrome Congress. Tabriz, Iran. June 12-13, 2008.
39. **Aida Malek Mahdavi**, Alireza Ostadrahimi. Minerals and metabolic syndrome. 1st Iranian Metabolic Syndrome Congress. Tabriz, Iran. June 12-13, 2008.
40. **Aida Malek Mahdavi**, Parvin Poorabdollahi, Jamal Gaemmagami, Zeinab Faghfoori. Relationship between lifestyle-related factors and waist circumference in 20-50 year-old women referred to Tabriz Banovan Clinic. 2nd International Congress on Food and Nutrition. Istanbul, Turkey. October 24-26, 2007.
41. **Aida Malek Mahdavi**, Parvin Poorabdollahi, Jamal Gaemmagami, Zeinab Faghfoori. Relationship between demographic factors and incidence of obesity in 20-50 year-old women, Tabriz. 2nd International Congress on Food and Nutrition. Istanbul, Turkey. October 24-26, 2007.
42. Parvin Poorabdollahi, Jamal Gaemmagami, **Aida Malek Mahdavi**, Zeinab Faghfoori, Zahra Rahimi-asl. Relationship between lifestyle factors and waist circumference of women 20-50 years old referred to Tabriz Women Clinic. 9th Iranian Nutrition Congress. Tabriz, Iran. September 4-7, 2006.

Books

1. "Nutrition for Exam". (2011).
2. "Fat-soluble vitamins" chapter from "Modern Nutrition in Health & Disease, 10th edition". (2009).

Computer skills

- Windows
- Internet
- Microsoft Office (Word, Excel, Power point, etc.)
- SPSS
- EndNote
- Nutritional analysis software

Languages

- English (*Fluent*)
- Persian (*Native*)
- Turkish (*Native*)